



## **Crisis Response Services Available in Summit County**

Updated January 2021

### **Crisis Lines and Apps**

**Call 911** if a person in mental health crisis is behaving violently, has a weapon, has ingested something that is potentially dangerous, is bleeding or incurring property damage. Let dispatch know that this is a mental health emergency and ask for a CIT (Crisis Intervention Trained) Officer to be dispatched.

**State or Summit County Crisis Hotlines - 24/7** - if someone is having a mental health crisis and you aren't sure what to do or how to help. You or the person in distress can call and get guidance from a professional mental health crisis worker on what the best options are for helping the person in crisis.

**Summit County Crisis Hotline 833-995-1295**

**State Crisis Hotline 801-587-3000**

**SafeUT App** - The SafeUT Crisis Chat and Tip Line is a statewide service that provides real-time crisis intervention through live chat and a confidential tip program right from your smartphone. Licensed clinicians in our 24/7 Crisis Line call center respond to all incoming chats and calls by providing supportive or crisis counseling, suicide prevention and referral services.

<https://healthcare.utah.edu/uni/safe-ut/>

**MCOT (Mobile Crisis Outreach Team)** is an interdisciplinary team consisting of a licensed clinical professional, a certified peer specialist and a law enforcement officer who are dispatched to the scene of a mental health emergency and are trained to provide crisis intervention on site. Services include: crisis resolution services for anyone experiencing, or at risk of, a mental health crisis, and who requires mental health intervention; rapid response face to face assessment and crisis intervention anywhere in Summit and Wasatch Counties. Consultation and support to individuals of any age, families, and treatment providers; and follow-up services including information and referrals, linkage with appropriate community based mental health services for ongoing treatment. You may request that MCOT be dispatched when you call for assistance during a mental health crisis between 9 am and 6 pm Monday through Friday (excluding holidays).

CONNECT Summit County  
Info@CONNECTSummitCounty.org  
435-901-0109

# CONNECT

The People's Voice for Mental Health in Summit County

**Spanish Speaking Crisis Line 385.495. 2188.** Serving Salt Lake, Summit and Wasatch Counties. Latino Behavioral Health Services have trained Spanish speaking crisis counselors to answer this line 24/7.

## **Walk-in Crisis Options during regular business hours:**

**UNI Park City Clinic.** Walk in or call for a same day crisis appointment. Open Monday through Friday 8 a.m. to 5 p.m. 1820 Sidewinder Drive, Park City. Phone: (435) 658-9998.

## **Walk-in crisis:**

**IHC Emergency Room in Park City.** 900 Round Valley Drive, Park City, UT. Located on the first floor of the hospital. There is a separate ER entrance on the opposite side of the hospital's main entrance (in the back). Open 24/7.

**IHC Behavioral Health Access Center in Salt Lake City.** A walk in center for those in mental health crisis. Open seven days a week from 8 am to 6 pm. Located at LDS Hospital 8th Avenue and C Street, SLC, Utah. (801) 408-8330.

**UNI Receiving Center located in Salt Lake City.** A walk in center for those in mental health crisis. 501 Chipeta Way, SLC, Utah. (801)583.2500.

## **COMING SOON:**

**988** - National Mental Health Crisis Emergency Number (coming by summer 2022)

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Mission: Create a well-informed, stigma-free community with access to mental health resources for all.



## Non-Crisis Support Resources Available in Summit County

### CONNECT Summit County Online Mental Health Resource Directory

<https://summit.ut.networkofcare.org/mh/>

### CONNECT Summit County's Mental Health Tool Kits

<https://connectsummitcounty.org/>

**COVID-19 Resources** - comprehensive and up to date information on a wide array of supplemental resources related to the needs of our community during the pandemic

**Crisis Response** - Options for helping someone who is experiencing a behavioral health crisis

**LEAP** - How to help someone with serious mental health challenges who is unaware and/or unwilling to get help

**Latinx Tool Kit** - culturally and linguistically competent information, resources and support available to Latinx community members

### Peer Navigation Services

Non-clinical and non-crisis peer support

Nonjudgmental and compassionate peers listen, understand and can help you find the support and resources you need

#### English:

Call or Text: 435-776-HELP (4357)

Email: [Resources@CONNECTSummitCounty.org](mailto:Resources@CONNECTSummitCounty.org)

#### Spanish:

Call or Text: 435.655.1230

Email: [Preguntas@CONNECTSummitCounty.org](mailto:Preguntas@CONNECTSummitCounty.org)

**Latino Behavioral Health Services** offers individual peer support, support groups and classes for Latinx community in Summit County. To learn more, call 801.935.4447

**UTAH Strong Recovery Project.** Statewide. Free help for COVID-19-related stress (emotional support, crisis counseling, coping strategies, mental health education and referrals if more help is needed) Call or text (385) 386-2289. (English and Spanish available)

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